South West Regional Wound Care Program’s Community Focused Dressing Selection and Cleansing Enabler – HEALABLE WOUNDS

<table>
<thead>
<tr>
<th>Wound Appearance</th>
<th>Description</th>
<th>Exudate Level</th>
<th>Depth</th>
<th>Treatment Objective</th>
<th>Caring for Eschar <strong>unless the eschar is stable and on a heel – use the maintenance enabler</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>Eschar</td>
<td>Primarily Sloughy or Mixed Granulating/Slough Wound Tissue</td>
<td>None → Moderate</td>
<td>Full → Partial Thickness</td>
<td>Cleanse, protect, moist wound healing, debride, fill dead space</td>
<td>Cleanse, protect, moist wound healing, debride, fill dead space</td>
</tr>
<tr>
<td>Fibrin</td>
<td>Clean Granulating Wound Decreasing in Size 20-30% in 3-4 Weeks</td>
<td>Small → Large</td>
<td>Full → Partial Thickness</td>
<td>Cleanse, protect, moist wound healing, debride, fill dead space</td>
<td>Cleanse, protect, moist wound healing, fill dead space</td>
</tr>
<tr>
<td></td>
<td>Clean Granulating Wound NOT Decreasing in Size 20-30% in 3-4 Weeks</td>
<td>Small → Moderate</td>
<td>Full Thickness → Superficial</td>
<td>Cleanse, protect, moist wound healing, fill dead space</td>
<td>Cleanse, protect, moist wound healing, fill dead space</td>
</tr>
<tr>
<td></td>
<td>Clean Epithelializing Wound</td>
<td>Small → Moderate</td>
<td>Full Thickness → Superficial</td>
<td>Cleanse, protect, moist wound healing, fill dead space</td>
<td>Cleanse, protect, moist wound healing, fill dead space</td>
</tr>
<tr>
<td></td>
<td>Open Surgical Incision (small dehisence along otherwise intact incision)</td>
<td>Small → Moderate</td>
<td>Superficial</td>
<td>Cleanse, protect, moist wound healing, fill dead space</td>
<td>Cleanse, protect, moist wound healing</td>
</tr>
<tr>
<td></td>
<td>Closed Wounds and/or Skin at Risk</td>
<td>None</td>
<td>Partial Thickness → Superficial</td>
<td>Cleanse, protect, moist wound healing, fill dead space</td>
<td>Cleanse, protect, moist wound healing</td>
</tr>
</tbody>
</table>

**Disclaimer:**

- Holistic client assessment is MANDATORY.
- If antimicrobial effect is required consider topical antiseptics or antiseptic cleansers, i.e. hydrogen peroxide 5% in 3% hydrogen peroxide 6% (Clorox), i.e. blue Dawn dishwashing soap, pure soap, or any non-antimicrobial soap.
- Caring for Sloughy or Mixed Granulating/Slough Wound Tissue.
- Consider cleansing with antiseptics as well as a substitute for professional medical advice. Always seek the advice of the attending physician or other qualified healthcare provider regarding a medical condition or treatment. Dressing selection cannot take place in isolation – a holistic client assessment is MANDATORY.

**Cleansing (min. 100mL of room/body temperature solution)** **Note:** Exudate capacity of dressings: [0] = none [1+] = small [2+] = moderate [3+] = large

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<tr>
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<th>None</th>
<th>Small</th>
<th>Moderate</th>
<th>Large</th>
</tr>
</thead>
<tbody>
<tr>
<td>Depth</td>
<td>Unknown</td>
<td>Full → Partial Thickness</td>
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<td>Full Thickness → Superficial</td>
</tr>
</tbody>
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**Cleansing:**

- **7-15 PSI irrigation NS or sterile water**
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- **POUR solution NS or sterile water (no antiseptics)**
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**Cleansing Enabler:**

- **Tap water**
- **Sterile water (no antiseptics)**
- **30% sterile water (no antiseptics)**

**Cleanser:**

- **Chlorhexidine 2% or 6% (for pseudomonal or MRSA wounds)**
- **Acetate acid (for pseudomonal wounds)**
- **Mepitel [0] (max 14 days) or Adaptic [0] (max 7 days)**
- **AMD packing strip [0] (max 3 days)**

**More resources at:**

swrwoundcareprogram.ca

If the wound is superficial you may consider having your secondary dressing be your primary contact layer as well.