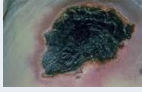











South West Regional Wound Care Program's Community Focused Dressing Selection and Cleansing Enabler – HEALABLE WOUNDS



Wound Appearance								
Description	Eschar	Primarily Sloughy or Mixed Granulating/Slough Wound Tissue	Fibrin	Clean Granulating Wound Decreasing in Size 20-30% in 3-4 Weeks	Clean Granulating Wound NOT Decreasing in Size 20-30% in 3-4 Weeks	Clean Epithelializing Wound	Open Surgical Incision (small dehiscence along otherwise intact incision)	Closed Wounds and/or Skin at Risk
Exudate Level	None → Moderate	Small → Large	Small → Large	Small → Moderate	Small → Moderate	Small → Moderate	Small → Moderate	None
Depth	Unknown	Full → Partial Thickness	Full → Partial Thickness	Full Thickness → Superficial	Full Thickness → Superficial	Superficial	Partial Thickness → Superficial	Closed
Treatment Objective	Debride (unless the eschar is stable and on a heel – use the maintenance enabler)*	Cleanse, protect, moist wound healing, debride, fill dead space	Cleanse, protect, moist wound healing, debride, fill dead space	Cleanse, protect, moist wound healing, fill dead space	Cleanse, protect, moist wound healing, fill dead space, manage inflammation, reduce bacterial burden	Cleanse, protect, moist wound healing	Cleanse, protect, fill dead space, moist wound healing	Protect
Cleansing (min. 100mL of room/body temperature solution)**	7-15 PSI irrigation NS or sterile water	7-15 PSI irrigation NS or sterile water	7-15 PSI irrigation NS or sterile water	POUR solution NS or sterile water (no antiseptics)	7-15 PSI NS or sterile water	POUR solution NS or sterile water (no antiseptics)	POUR solution NS or sterile water	Tap water
Suggested Dressing Products and Rate Changes***	<p>Have ET/WCS cross-hatch hard eschar first!</p> <p>Hypergel or Intrasite gel [0] (max 2 days) +/- Mesalt [1+] (daily)</p> <p>Cover Choices: Comfeel Plus [1-2+] +/- Tegaderm [1+] (max 7 days) Or Biatain or Biatain Silicone [2+] or Aquacel Foam [2+] (max 7 days) Or Mesorb [3+] or Xtrasorb [4+] +/- Tegaderm [1+] (max 7 days) Or Gauze sealed by Film [1+] (for daily changes <u>ONLY</u>)</p>	<p>Iodosorb [1+] buttered on Biatain Alginate or Aquacel Extra [2+] (max 3 days) Or Hypergel or Intrasite Gel [0] (max 2 days) +/- Mesalt [1+] (daily)</p> <p>Cover Choices: See Eschar column</p>	<p>Iodosorb [1+] buttered on Biatain Alginate or Aquacel Extra [2+] (max 3 days) Or Hypergel or Intrasite Gel [0] (max 2 days) +/- Mesalt [1+] (daily)</p> <p>Cover Choices: See Eschar column</p>	<p>Intrasite gel [0] (max 3 days) Or Biatain Alginate or Aquacel Extra [2+] (max 7 days) Or Tegaderm Absorbent Clear Acrylic [2+] (max 21 days)</p> <p>Cover Choices: See Eschar column</p>	<p>To Promote Inflammation Iodosorb [1+] buttered on Biatain Alginate [2+] (max 3 days)</p> <p>To Address Chronic Inflammation Promogran or Prisma [0] (max 3 days)</p> <p>Cover Choices: See Eschar column</p>	<p>Intrasite Gel [0] (max 3 days) or Biatain Alginate or Aquacel Extra [2+] (max 7 days) +/- Mepitel [0] (max 14 days) or Adaptic [0] (max 7 days) or Telfa Clear [0] Or Tegaderm Absorbent Clear Acrylic [2+] (max 21 days)</p> <p>Cover Choices: See Eschar column</p>	<p>Intrasite Gel [0] (max 3 days) or Biatain Alginate or Aquacel Extra [2+] (max 7 days) +/- Mepitel [0] (max 14 days) or Adaptic [0] (max 7 days) or Telfa Clear [0] Or AMD packing strip [0] (max 3 days)</p> <p>Cover Choices: See Eschar column Or Tegaderm Absorbent Clear Acrylic [2+] (max 21 days)</p>	<p>Tegaderm [1+] Or Comfeel Plus [1-2+] (max 7 days) Or Tegaderm Absorbent Clear Acrylic [2+] (max 21 days)</p>
<p>Exudate capacity of dressings: [0] = none [1+] = small [2+] = moderate [3+] = large</p> <p>Dressing wear times are found in brackets ()</p> <p>More resources at: swrwoundcareprogram.ca</p>	<p>If the wound is superficial you may consider having your secondary dressing be your primary contact layer as well</p>							

* Only debride healable wounds.

** If antimicrobial effect is required consider topical antiseptic cleansers, i.e. chlorhexidine 2% or 4% (for pseudomonas – must soak x 5 min. minimum, or ¼ strength acetic acid (for pseudomonas only – must soak x 5 min. minimum).

*** If antimicrobial effect is required, consider topical antimicrobial dressings, i.e. Inadine [0] (max 7 days), AMD packing [1] (max 3 days), Silvercel [2+] (max 7 days), Aquacel AG Extra [2+] (max 7 days), Acticoat Flex 3 [1+] (max 3 days), Bactigras [0+], Hydrofera Blue (max 3 days), or Iodosorb [1+] (max 3 days). Also consider cleansing with antiseptics (chlorhexidine, povidone-iodine).

ALSO, may consider Biatain IBU for painful wounds, PICO negative pressure dressings, and Actisorb Silver for odor control

Disclaimer: The information herein is for general informational purposes only and is not intended, nor should it be considered, as a substitute for professional medical advice. Always seek the advice of the attending physician or other qualified healthcare provider regarding a medical condition or treatment. Dressing selection cannot take place in isolation – a holistic client assessment is MANDATORY.