

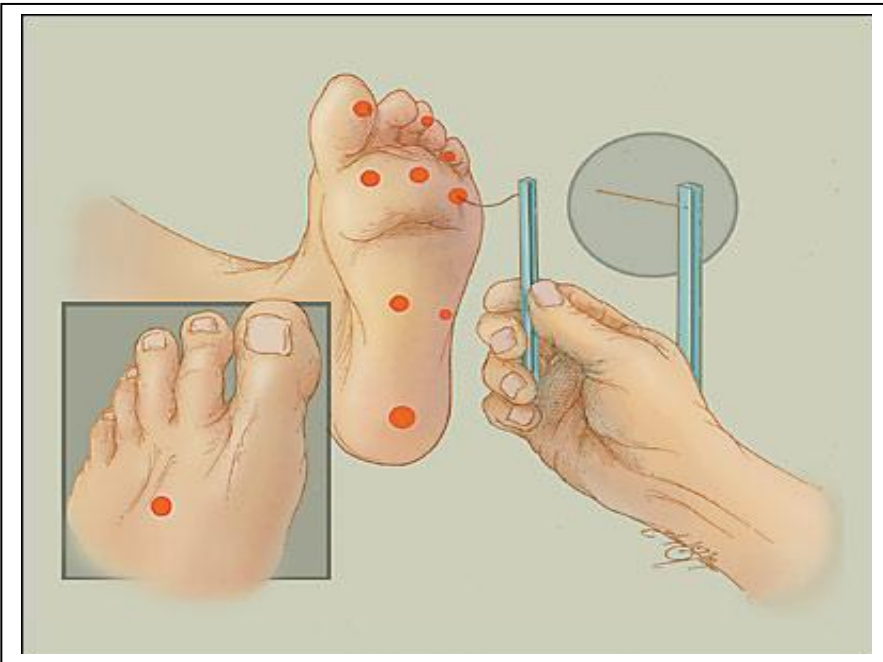
# Diabetic Foot Ulcer Risk Stratification & Referral Algorithm



\*See reverse of form for instruction and clinical tips related to this item



<p>PHX: Amputation Yes <input type="checkbox"/> No <input type="checkbox"/> Ulcer Yes <input type="checkbox"/> No <input type="checkbox"/> PAD Yes <input type="checkbox"/> No <input type="checkbox"/></p> <p><b>Right</b>      <b>Left</b></p> <p>Dorsalis Pedis Yes <input type="checkbox"/> No <input type="checkbox"/>      Yes <input type="checkbox"/> No <input type="checkbox"/></p> <p>Posterior Tibial Yes <input type="checkbox"/> No <input type="checkbox"/>      Yes <input type="checkbox"/> No <input type="checkbox"/></p> <p>Deformity Yes <input type="checkbox"/> No <input type="checkbox"/>      Yes <input type="checkbox"/> No <input type="checkbox"/></p> <hr/> <p>Monofilament Testing:</p>	<input type="checkbox"/> PHX amputation	<input type="checkbox"/> <b>3b</b>	<p><b>Q1-4/12 assessment and referral to a "High Risk Service" such as</b></p> <table border="1"> <thead> <tr> <th>Specialty Site</th> <th>Fax</th> </tr> </thead> <tbody> <tr> <td>SJHC Parkwood Institute</td> <td>519-685-4075</td> </tr> <tr> <td>SJHC PCDSP</td> <td>519-645-6961</td> </tr> <tr> <td>London Diabetic Foot Clinic</td> <td>519-432-6266</td> </tr> <tr> <td>GBHS</td> <td>519-371-7695</td> </tr> <tr> <td>West Elgin CHC</td> <td>519-768-2548</td> </tr> <tr> <td>AMGH</td> <td>519-524-8527</td> </tr> <tr> <td>TVFHT- Middlesex Centre</td> <td>519 666 0281</td> </tr> </tbody> </table> <p><input type="checkbox"/> Access SWRWCP Diabetic Foot Referral Tool to build an interdisciplinary team <a href="http://www.swrwoundcareprogram.ca">www.swrwoundcareprogram.ca</a></p> <p><input type="checkbox"/> Give structured self-care info – Refer to <a href="http://www.swrwoundcareprogram.ca">www.swrwoundcareprogram.ca</a> for patient self -management resources</p>	Specialty Site	Fax	SJHC Parkwood Institute	519-685-4075	SJHC PCDSP	519-645-6961	London Diabetic Foot Clinic	519-432-6266	GBHS	519-371-7695	West Elgin CHC	519-768-2548	AMGH	519-524-8527	TVFHT- Middlesex Centre	519 666 0281
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<input type="checkbox"/> PHx ulcer <b>OR</b> <input type="checkbox"/> Active ulcer	<input type="checkbox"/> <b>3a</b>	<p><b>Q 3/12 assessment and referral to a "Moderate Risk Service"</b></p> <p><input type="checkbox"/> Primary care monitoring</p> <p><input type="checkbox"/> Access SWRWCP Diabetic Foot Referral Tool to build an interdisciplinary team at <a href="http://www.swrwoundcareprogram.ca/DiabeticFootUlcer">www.swrwoundcareprogram.ca/DiabeticFootUlcer</a></p> <p><input type="checkbox"/> Give structured self-care info – Refer to <a href="http://www.swrwoundcareprogram.ca">www.swrwoundcareprogram.ca</a> for patient self -management resources</p>																	
<input type="checkbox"/> HX PAD <b>OR</b> <input type="checkbox"/> *Absence of both PT & DP pulses on either foot	<input type="checkbox"/> <b>2b</b>																		
<input type="checkbox"/> *Deformity <b>AND</b> *Neuropathy ≤6/10 monofilament sensitivity on either foot	<input type="checkbox"/> <b>2a</b>																		
<input type="checkbox"/> *Loss of protective sensation ≤6/10 sensitivity on either foot to monofilament testing	<input type="checkbox"/> <b>1</b>		<p><b>Q 6/12 assessment and referral to a "Moderate Risk Service"</b></p> <p><input type="checkbox"/> Primary care monitoring</p> <p><input type="checkbox"/> Access SWRWCP Diabetic Foot Referral Tool to build an interdisciplinary team at <a href="http://www.swrwoundcareprogram.ca/DiabeticFootUlcer">www.swrwoundcareprogram.ca/DiabeticFootUlcer</a></p> <p><input type="checkbox"/> Give structured self-care info – Refer to <a href="http://www.swrwoundcareprogram.ca">www.swrwoundcareprogram.ca</a> for patient self -management resources</p>																
<input type="checkbox"/> Low foot ulcer risk	<input type="checkbox"/> <b>0</b>			<p><b>Q yr assessment with</b></p> <p><input type="checkbox"/> Primary care monitoring</p> <p><input type="checkbox"/> Give structured self-care info – Refer to <a href="http://www.swrwoundcareprogram.ca">www.swrwoundcareprogram.ca</a> for patient self -management resources</p> <p><input type="checkbox"/> IF no Family MD/NP- Access SWRWCP Diabetic Foot Referral Tool to find local Diabetes Support Programs/Diabetes Education Programs/Diabetes Education Centres <a href="http://www.swrwoundcareprogram.ca/DiabeticFootUlcer">www.swrwoundcareprogram.ca/DiabeticFootUlcer</a></p>															
Comments:	Date:				Signature:														



## Deformity

Bony and soft tissue deformities include: toe deformities (claw, hammer and mallet toes), bunions (hallux valgus), Charcot's joint, blister, callus/corn, fungal infection and prominent metatarsal heads with inadequate soft tissue padding. Limited joint mobility (ankle and great toe).

Build an interdisciplinary team using the South West Regional Wound Care Program Diabetic Foot Referral Tool at

<http://swrwoundcareprogram.ca/DiabeticFootUlcer>



**Dorsalis Pedis:** To palpate pulse, place fingers just lateral to the extensor tendon of the great toe. If you cannot feel a pulse, move fingers more laterally.



**Posterior Tibial:** To palpate pulse, place fingers behind and slightly below the medial malleolus of the ankle. In an obese or edematous ankle, the pulse may be more difficult to feel.

**Note:** To enhance technique: Assume a comfortable position for you and the client. Place hand in position and linger on the site. Varying pressure may assist in picking up a weak pulsation. Do not confuse client's pulse with your own pulsating fingertips. Use your carotid pulse for comparison, if needed.