South West Regional Wound Care Program

Comprehensive Assessment of Chronic Pain in Wounds

To be used to screen for chronic wound pain at admission and during the course of treatment if a pain score of 4/10 or greater is revealed

To Physician: ___________________________ Fax #: ___________________________
Person’s Name: _________________________ Date: ___________________________
Case Manager: _________________________ Ext: _____________________________
From Nurse: ___________________________ Contact #: _______________________

I have asked the individual to contact you to make an appointment to review their pain management options and have completed a comprehensive assessment and have indicated the findings below.

Location of Wound(s):

Wound Pain Location: [ ] In the wound  [ ] Around the wound  [ ] Is referred
Other: ___________________________________________________________

Characteristics of Pain:

Duration of Pain  [ ] Days  [ ] Weeks  [ ] Months
 Persistence of Pain  [ ] With Activity  [ ] With rest
 Incidence of Pain  [ ] With Dressing change  [ ] With Wound Cleansing  [ ] With Debridement
 Other Factors  [ ] Infection  [ ] Inflammation  [ ] Edema

Pain is worse when/aggravated by:

Pain is relieved/reduced when:

No action or activity relieves the pain. Examples of things tried in the past (include non-pharmacological) are:

Intensity of Pain

Person Describes Pain As: [ ] At present _____ out of 10  [ ] At worst _____ out of 10  [ ] With analgesic use _____ out 10
Person’s goal for pain score: [ ] At rest _____ out of 10  [ ] With activity _____ out of 10

Quality of Life – Pain interferes with:

[ ] Sleep  [ ] Appetite  [ ] Mobility  [ ] Energy  [ ] Work  [ ] Leisure  [ ] Mood/Self Esteem

Type of Pain (check all that apply)

[ ] Neuropathic Pain - Described their pain as stinging, shooting, stabbing, burning, electric shock or searing (occurs with wounds related to diabetic or other neuropathies, pressure on tissues or vascular disease)
[ ] Neuropathic Alldynia - Pain from a stimulus that normally does not produce pain
[ ] Neuropathic Hyperalgesia - An increased sensitivity to a normally painful stimulus
[ ] Nociceptive Pain - Described as aching (occurs with tissue damage as well as the inflammatory process
[ ] Somatic - Skin, bone, muscle, connective tissue (described as sharp, aching, throbbing, gnawing, tender)
[ ] Visceral - Organ pain (described as deep, aching, squeezing and colicky)
[ ] Mixed Pain - Both neuropathic and nociceptive (somatic or visceral)

Current Wound Treatment:

Current Analgesia (including breakthrough dosing):

Side Effects Experienced  N&V  Constipation  Drowsiness/Confusion  Other:

This pain assessment has been reviewed with the individual and he/she agrees it is accurate.

Nurse Signature _________________________ Contact # _______________________
Name ___________________________ Mobile (optional) ____________________

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